

VSSA Athletics 2020

Day 1 Organisation- Tuesday 10th November 2020 @ Forest Crescent PS

9.20am - Long Distance Running

Year 3: 200m

Years 4 – 6: 400m

10.00am - Jumps and Throws

Rotation	Jumps Pit 1	Jumps Pit 2	Jumps Pit 3	Jumps Pit 4	T-Ball 1	T-Ball 2	Turbo Jav 1	Turbo Jav 2
1 10:00am	Year 5 Girls T.J.	Year 5 Boys T.J.	Year 3 Boys L.J.	Year 3 Girls L.J.	Year 6 Boys	Year 6 Girls	Year 4 Boys	Year 4 Girls
2 10:40am			Year 5 Boys L.J.	Year 5 Girls L.J.	Year 3 Boys	Year 3 Girls	Year 6 Boys	Year 6 Girls
3 11:20am	Year 6 Boys T.J.	Year 6 Girls T.J.	Year 4 Boys L.J.	Year 4 Girls L.J.	Year 5 Boys	Year 5 Girls	Year 3 Boys	Year 3 Girls
4 12:00pm	Year 6 Boys L.J.	Year 6 Girls L.J.			Year 4 Boys	Year 4 Girls	Year 5 Boys	Year 5 Girls

Finish 12:40pm

* Please note times are approximate

* Only Yr 5 and 6 do Triple Jump