

In Learning We Grow

IMPORTANT DATES!



Week 4		Zero Waste Week
Tues	20 Feb	Student Leaders Parent Morning Tea PP Yogazeit
Wed	21 Feb	School Board 7pm
Thurs	22 Feb	Uniform Shop 8.15am-9.15am
Fri	23 Feb	EALD New Parent Meeting
Mon	26 Feb	Student Leadership Day Bickley
Tues	27 Feb	YR 3 Yogazeit
Wed	28 Feb	YR 6 ASIT Workshop YR 5 Yogazeit

FROM THE PRINCIPAL'S DESK



Greetings to parents, students, staff and community members, welcome to this edition of the newsletter. As we head into week 4 I have been amazed at the calm and orderly manner to which all members of our community have commenced the year, considering the extreme heat conditions, with all students being immersed in their teaching and learning programs. As things have settled well, I have provided information further on in the newsletter should you have any issues or concerns that you would like to be addressed in the future. Please read this carefully as it sets out our school policy on complaints management and how we will work with you to provide the best opportunities for our students.

Canteen/Healthy Food and Drink: You may have read about the no Ham Toastie headlines in the newspaper on the weekend. As a school we have made significant efforts to promote healthy lifestyle choices with food and drink. This has included our School Canteen following the Traffic Light system of Green Food and Drinks – a good source of nutrient, contains less saturated fats and/or sugar and/or salt and help to avoid the intake of excess energy (kJ), Amber Food and Drinks – Have some nutritional value, contain moderate levels of saturated fat and/or sugar and/or salt and can, in large serves contribute to excess energy (kJ) and Red Food and Drinks – lack adequate nutritional value, are high in saturated fat and/or added sugar and/or salt and can contribute excess energy (kJ). Principals will ensure the canteen/food service menu promotes a wide range of healthy foods and that it:

- consists of a minimum of 60% 'green' food and drinks;
- consists of a maximum of 40% 'amber' food and drinks;
- only offers savoury commercial products that are 'amber' foods a maximum of twice per week; and
- contains no 'red' food and drinks.

The canteen is managed by Tanniell and assisted by Beth, who both work hard to ensure that we meet the Healthy Food Policy guidelines and can be accredited as a Healthy Food Canteen. As a part of the P&C the canteen is run as a service to students and also to raise funds for the school. We also provide canteen services to both Caladenia and Campbell Primary Schools. Although Beth assists in a part time role the canteen still relies on parent volunteers assisting Tanniell throughout the week. It is pleasing to see that this year, parent volunteers are filling up available days to assist, whether for a couple of hours or the whole shift from 9.00am – 1.30pm. If you would like to know more about volunteering at the canteen, please don't hesitate to visit Tanniell in the canteen. You can also support the canteen by regularly ordering either online or over the counter.

We also hope as a parent or carer you will support our school by encouraging your children to enjoy healthy food and drinks every day – especially at school. Try to include a food from each of the five food groups in your child's lunch box every day:

- breads and cereals
- fruit
- vegetables and salad
- meat/fish/chicken/eggs/legumes
- milk/cheese or yoghurt.

Other helpful hints

- Keep food safe by adding a small frozen water bottle to keep foods cool.
- Cut up small portions of fruit and vegetables and wrap them in plastic or put them in a small container (with a lid that is easy to remove).
- Water is the best drink of all. Pack a water bottle everyday.
- Choose a rainbow of foods for a colourful lunch ie carrot and celery sticks, strawberries, a wholegrain sandwich and a cheese stick.



THE PROPERTY
POD *It's your move...*



Nicola Lee
Principal/Licensee

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- Children need at least one hour of active play each day. Limit electronic entertainment (TV and electronic games).
- Children need plenty of sleep: 9 – 10 hours per night.
- Give your child the best start to the day by having a healthy breakfast: cereal with fruit on top, eggs or baked beans on wholegrain toast, milk.

Teacher / Parent Issues or Complaints: Forest Crescent looks forward to hearing opinions of how the school is operating, however we also appreciate being able to take the time to assist you with your issue or concern. The Parent Information Booklet 2024 which is published online outlines our processes **“How to Resolve Problems or Concerns at School”**

Everyday matters: Parents may make direct contact with teaching staff for “everyday” matters, preferably before school, after school or during “Duties Other than Teaching Times (DOTT). (Remember that teaching staff are usually quite busy preparing for the day first thing in the morning and may not be available to talk over issues more than just to say hello!)

Concerned parents: Teaching staff may refer concerned parents to school management personnel (ie) principal and deputy principals if necessary.

Serious concerns: Parents with serious concerns to discuss with teaching staff are requested to phone the principal or deputy principals on 9232 3550 to arrange a mutually agreeable meeting time. Our school, like most government schools, recommends the problem-solving procedures published in a “PARENT AND CITIZEN” magazine to parents as an effective way of sorting our school-based concerns. The notes below illustrate the steps recommended for meeting the appropriate sequence of people starting with the class teacher - moving on to the Principal, Regional Executive Director, Director General - should problem-solving at lower levels prove to be unsatisfactory.

Step 1: Get a good grasp of the problem

CHECK your child’s story out with your child. If it does not sound like “teacher like” talk or behaviour, check out your child’s story more closely before approaching the teacher.

Step 2: Arrange an interview with the class teacher

MAKE AN APPOINTMENT for a time to meet, which suits both you and the teacher.

Step 3: Discuss what’s bothering you.

The teacher’s co-operation will be most readily available when your

- facts are correct
- you are prepared to discuss the concern.

Step 4: Follow up if necessary

How to follow up on a meeting with your child’s classroom teacher depends very much on what was discussed and agreed to at the meeting. But be patient. Change won’t happen overnight. Keep in regular contact with the class teacher. Most meetings with classroom teachers result in satisfactory outcomes, particularly when you follow the steps outlined above.

You may, however, want to address your problem or concern to someone other than the classroom teacher. This may be the case when:

- You have already approached the classroom teacher but no satisfactory resolution could be arrived at, or
- You believe that a higher authority must be consulted in the first instance, or
- Your problem or concern is about something other than what happens specifically in the classroom (eg an aspect of school policy) or
- Your problem or concern is about a member of the school’s non teaching staff.

Honest and open communication is a key to developing good relationships, and a positive school culture. I look forward to working with you to ensure that our students receive the best possible teaching and learning opportunities and any queries or concerns are followed up in a timely and professional manner.

Students At Educational Risk: Forest Crescent Primary is an inclusive school and is committed to ensuring that all students develop knowledge, skills, values and confidence to contribute positively to society. Staff members have an obligation to identify and cater for students at educational risk by developing and implementing individualized learning plans with the aim of maximizing educational progress and achievement. Students at Educational Risk are those students who are at risk of not achieving expected learning outcomes. At Forest Crescent, this includes children who are not meeting the age appropriate curriculum standards or who are underachieving. They may be:

- Of high intelligence or have an area of talent
- Diagnosed/imputed with a disability or learning difficulty
- Under the care of Child Protection and Family Support
- Indigenous to Australia – Aboriginal or Torres Strait Islander
- Learning Standard Australian English as an additional language
- Disadvantaged
- Suffering trauma, anxiety or other mental health issue

We have a multi layered approach to catering for SAER students. Case Conferences are a formal meeting between either the SAER Deputy Principal (Rachael Spencer) or the Learning Support Coordinator (Kerry Wybenga), the classroom teacher, education assistants, therapists and the school psychologist (when required). For these interviews we will be using an internet based booking system called Parent Teacher On-Line (PTO). It will save time for parents, staff and students. Using this system you will be able to book the interview times that suit you best from any internet-connected computer or by downloading the PTO app for your smart phone. All parents involved in case conference will receive communications to advise when bookings are opened and meetings will be held.

Parent / Teacher Conferences are arranged individually by either the teacher or parent. These are less formal, but still monitor progress towards identified goals. At anytime you are welcome to meet in a less formal meeting with the classroom teacher.

Please note Mark Bivens (school psychologist is only available on alternate Mondays, Wednesdays and Thursdays).

P&C: The P&C held their first meeting last Tuesday and it was great to see some new members attend. Already the P&C are up and running with providing funds to improve the canteen facilities, purchase new uniforms, provide Mother's Day gifts and purchase a new defibrillator as mentioned previously in the newsletter as well as the usual standing orders totalling nearly \$10000. Thank you to our amazing P&C who provided considerable funds to assist the school to provide staff and students with the extra resources needed to provide a high quality teaching and learning program. Our P&C will be holding its AGM on Wednesday 13 March, commencing at 7.00pm in the staffroom and all parents are welcome. **Parents and Citizens' (P&C) associations** work in productive partnership with their school principal and the community to promote the interests of the school, and facilitate its development and further improvement, to achieve the best possible outcomes for students. The Forest Crescent P&C gives amazing support to our staff and students, ensuring that curriculum areas, the school grounds and general equipment is of the highest standard. Current officer bearers of the P&C may not be nominating to continue their role so it is important that we get as many members as possible to attend the AGM. I look forward to working with all P&C members this year.

NAPLAN Testing: Students in Years 3 and 5 have really settled into their study in preparation for the upcoming national assessment in Literacy and Numeracy to be completed from Wednesday 13 March to Monday 25 March (week 7/8 Term 1). NAPLAN tests always gain a lot of media attention and this year will no exception! At FCPS we will support students to be as well prepared as possible to perform their best during the testing period by viewing the NAPLAN program as part of our normal teaching and learning program. This year all students will be sitting NAPLAN Online (except Year 3 writing will still be written) so students will be completing an online demonstration test during their library time to ensure that they are familiar with the testing environment. An information leaflet has been sent home to all students in Years 3 and 5 who will be sitting the tests. Should you require any further information regarding NAPLAN (especially withdrawals) please see your classroom teacher, Mrs Spencer or Mr Combes.

DRESS CODE: Forest Crescent has a Dress Code Policy endorsed by the School Board. A school's dress code can play an important role in promoting a positive image of the school and creating a sense of identity. There are many reasons to introduce a code of dress for students (eg student safety can be improved because they can be identified more readily and generally, the cost of uniform items is less than alternative clothing) however, it is up to individual School Boards to determine what is appropriate for that school's circumstances. This school has a proud reputation when it comes to the wearing of school uniform and our School Board acknowledges the importance of having a School Dress Code. This code makes clear the intent of the School Board that students attending Forest Crescent Primary School wear the correct school uniform for reasons of student health and safety. I thank all parents and students who ensure that we wear the correct uniform, including not wearing jewellery to school.

The current school uniform was decided upon by the P&C and endorsed by the School Board
Uniforms

BOYS

Light blue polo shirt with emblem*
Burgundy shorts or (optional) cargo burgundy shorts*
Burgundy zip jacket*
Burgundy track pants*
Burgundy cargo pants*
Suitable footwear (enclosed shoes, sneakers or sandals).
Sunsafe Hat (Wide Brimmed or Legionnaires)*

GIRLS

Burgundy, blue & white check dress, A-line style*
Burgundy skort*
Burgundy knee length pleated skirt *
Light blue polo shirt with emblem*
Burgundy zip jacket *
Burgundy track pants*
Suitable footwear (enclosed shoes, sneakers or sandals).
Sunsafe Hat (Wide Brimmed or Legionnaires)*

Denim is not to be worn at school

Sport

Boys

Faction coloured polo-shirt *
Burgundy shorts *
White socks, suitable footwear
Tracksuit (winter) *
Sunsafe Hat (Wide Brimmed Legionnaires)*

Girls

Faction coloured polo-shirt *
Burgundy sports skirt/skort *
White socks, suitable footwear
Tracksuit (winter)*
Sunsafe Hat (Wide Brimmed or Legionnaires)*

Items sold through the School's P & C Uniform Shop




NB: Hair is to be tied back if shoulder length or longer (Boys and Girls)

GOOD STANDING POLICY: Good Standing provides a system that assists in ensuring that our students maintain a satisfactory level of attendance, academic participation and behaviour. The Good Standing Policy is widely communicated and is endorsed by the School Board. I am pleased to acknowledge that very rarely do I as Principal have to enforce the Good Standing Policy as a result of poor student behaviour. Good Standing compliments the FCPS Behaviour Management Policy and reinforces the standard of behaviour expected of our students in order to maintain their good standing status. Maintaining good standing is an incentive for students as it enables them to participate in good standing activities, which will be fun and engaging events. As discussed with students, it is intended that all students will at all times remain "in good standing".

Maintaining Good Standing requires a student to:

- Behave in a way that is appropriate and inclusive of staff and student rights (as indicated in the Behaviour Management Policy)
- Maintain satisfactory attendance and punctuality
- Adhere to FCPS dress code (including the use of sun safe hats)
- Adhere to the school rules (as indicated in the Behaviour Management Policy)
- Complete class work and assessments as requested by their teacher

Ultimately, Good Standing aims to encourage all students to take responsibility for their actions and to improve his or her general performance. It also allows students who maintain good standing to be recognised in a positive way.

<p>Status – In Good Standing Students in good standing are able to attend good standing events and are allowed classroom privileges.</p> 
<p>Status – Danger Zone Students in the danger zone will still be allowed to attend good standing events but will not be given any classroom privileges.</p> 
<p>Status – No Good Standing Students with no good standing will not be allowed to attend good standing events nor will they be given any classroom privileges.</p> 

Students who move out of Good Standing due to their behaviour will have their status reviewed every 5 weeks. Where behaviour has improved and no further consequences have been enforced, Good Standing will be reinstated. Good Standing is also reinstated at the beginning of each term.

I would like to thank everyone in the Forest Crescent School Community for such a wonderful start to the year. It really has been very smooth! I look forward to catching up over the next few weeks.

**Wheel or Walk It Friday!
WE ARE CHANGING DAY...**

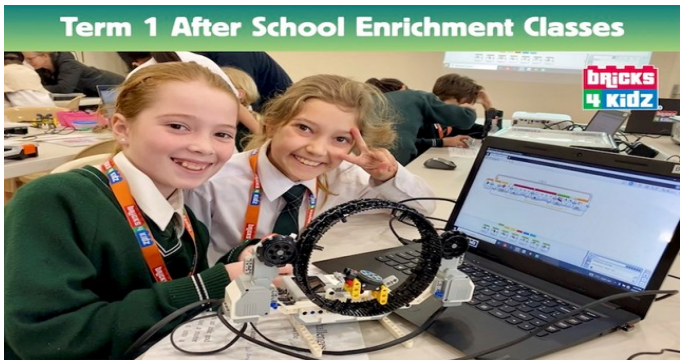
We encourage you to walk, scoot or cycle to school every **FRIDAY**. Stamping of Star cards will be done by our Your Move Ambassadors each Friday morning in the undercover area between 8.10 and 8.30am. We hope to see you there doing your part to save our environment!





This term we are very excited to announce a number of **free** incursions that will be taking place with our students with funding from the Australian Government in 2023.

- Kindy-** Learning about our senses with Fairy Rebecca. This will take place in Week 7 for all classes and is a focus on the senses of sight, sound and touch to promote inclusion and support.
- Pre-Primary-** Mindful Movement Education on 20th February and 5th March. Games and breathing with a mindful movement focus.
- Year 1-** I am a Strength Hero on 13th March. Presents students with the concept of Strengths and tools to identify their own strength and how to grow them.
- Year 2-** Wellbeing Day on 12th March. Rotations include I am a Strength Hero and Mindful Movement Education.
- Year 3-** Mindful Movement Education on 27th February and 6th March. Activities and breathing with a mindful movement focus to reduce anxiety leading into NAPLAN.
- Year 4-** Doughnut Resiliency with Zero to Hero. This is a 4-workshop course for Year 4s on Fridays from 1st March to 22nd March.
- Year 5-** Mindful Movement Education on 28th February and 7th March. Activities and breathing with a mindful movement focus to reduce anxiety leading into NAPLAN.
- A Stitch in Time- 2** Mental Health and Wellbeing workshops on 1st March and 8th March.
- Year 6-** A Stitch in Time- Students will participate in 4 workshops on Wednesdays from 28th February to 20th March. Topics of positive mindset, gratitude, mindfulness, goal setting, strategies to reduce anxiety and stress will be covered.



Term 1 After School Enrichment Classes

Forest Crescent Primary School
Every WEDNESDAY starting 7 Feb 2024 to 20 Mar 2024

Select **After School Classes**
www.Bricks4Kidz.com.au/Perth-Gosnells

An Extraordinary Learning Experience



Uniforms can be purchased from the Uniform Shop, you can download the Flexischools app or put in an order on the paper order form and drop to the office door or visit the uniform shop. Orders on Flexischools must be placed by Wednesday's 5pm to receive the order on Thursday's.

DON'T FORGET YOUR WATER BOTTLES!

Children are allowed to fill their water bottles from the drink fountains so please remember your water bottle.

